

Stepping Stones Menu

Week One	Main Course	Dessert	Afternoon Tea
Monday	Shepherd's pie with broccoli or Shepherd's pie (with Quorn mince) with broccoli.	Greek Yoghurt with tinned mandarins in fruit juice	Spaghetti hoops with wholemeal bread and butter and a selection of fresh fruit
Tuesday	Spring chicken casserole with carrots and peas with mashed potato or Spring casserole with Quorn pieces with carrots and peas with mashed potato.	Bananas and custard	Selection of crackers and cream cheese followed by a selection of fresh fruit
Wednesday	Tomato and herb pasta bake with mixed vegetables.	Pears and fruit sauce.	Toast with cream cheese followed by a selection of fresh fruit.
Thursday	Chicken cacciatore, sweetcorn and peas with rice or Cacciatore with Quorn pieces, peas and sweetcorn with rice.	Tinned raspberries in juice with vanilla yoghurt.	Crumpets with honey followed by a selection of fresh fruit
Friday	Sausages with mashed potatoes and mixed vegetables and gravy or Vegetarian sausages with mashed potato and mixed vegetables and gravy.	Apricots in white sauce.	Cheese quesadilla with cucumber and a selection of fresh fruit

Any allergies / dietary requirements should be discussed with the nursery managers Karen Maile and Emma Fuller.

Stepping Stones caters for vegetarian, pescatarian and vegan dietary requirements.

Water is available to all children throughout the day in their marked drinking bottles / beakers.

A choice of water / milk is served with all meals.

Stepping Stones Menu

Week Two	Main Course	Dessert	Afternoon Tea
Monday	Pasta Bolognese with mixed vegetables or Quorn mince Bolognese with mixed vegetables.	Greek Yoghurt with fruit cocktail.	Spaghetti hoops with wholemeal bread and butter and a selection of fresh fruit
Tuesday	Chicken curry with rice and vegetables or Curry with Quorn pieces and rice with vegetables.	Bananas and custard	Selection of crackers and cream cheese followed by a selection of fresh fruit
Wednesday	Cheesy pasta and mixed vegetables	Peaches and fruit sauce.	Toast with cream cheese followed by a selection of fresh fruit.
Thursday	Chickpea, sweet potato and mixed vegetable curry with rice.	Natural yoghurt and pears	Crumpets with honey followed by a selection of fresh fruit
Friday	Fish fingers with mashed potatoes and baked beans or vegetarian sausages and mashed potato with mixed vegetables.	Apricots in white sauce.	Cheese quesadilla with cucumber and a selection of fresh fruit

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